



# Assumption of the Risk and Waiver of Liability

**Relating to Coronavirus/COVID-19**

Name: .....

E-mail: .....

Phone: .....

The coronavirus, COVID-19, is a worldwide pandemic, **is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people because COVID-19 infection may result in serious illness and death.

**Yoga Management, LLC dba Metta Yoga (the Studio)** has put in place preventative measures to reduce the spread of COVID-19; however, it **cannot guarantee** that you will not become infected with COVID-19 while **participating in any activities at the Studio. Furthermore, by coming to the Studio, you will increase** your risk of contracting COVID-19.

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By signing this agreement, I acknowledge and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending any class at the Studio. I also acknowledge the contagious nature of COVID-19 as well as the dangers of being infected by the virus and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Studio may result from the actions, omissions, or negligence of myself and others who may be present at the Studio, including, but not limited to, Studio employees and other guests.

Understanding and recognizing the risk of being exposed to or infected by COVID-19 at the Studio, I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any loss or injury of any kind that I may suffer, including, but not limited to, personal injury, disability, illness and death, in connection with my attendance at the Studio for any purpose or reason. I hereby release, covenant not to sue, discharge, and hold harmless the Studio, its employees, agents, and representatives, of and from all claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any claims based on the actions, omissions, or negligence of the Studio, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any activity at the Studio.

Date & Signature: .....