



New Student Form & Liability Release

Please take a moment to completely read and fill out this form. Thank you!

Name: _____

Emergency contact: _____

E-mail: _____

Contact's Phone: _____

Phone: _____

Relationship: _____

Please indicate any current or chronic physical conditions or disabilities which might limit participation in class:

How did you hear about us? _____

I, in consideration of the services of Yoga Management, LLC (dba Metta Yoga Studio), its agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as MY Studio), and by initialing each paragraph below and signing this Agreement, I hereby release, indemnify, and discharge MY Studio, on behalf of myself, my spouse, my children, my parents, my heirs, assigns, personal representative and estate as follows:

I acknowledge that my participation in circus arts, aerial arts, aerial silks, Pilates, aerial yoga, yoga, acrobatic training, jumping, trampoline activities, and instruction activities includes known and unanticipated risks that could result in physical or emotional injury, paralysis, or death and damage to myself, to property, and to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity, and that the risks include every type of injury, both psychological and physical, including scratches, cuts, lacerations, sprains, strains, fractures, concussions, and even more severe life threatening injuries to my head, neck, back, and internal organs. I also acknowledge that there is a risk of injury resulting from the negligent conduct of other people participating in any activity at MY Studio. ____ (initial)

Furthermore, I acknowledge that MY Studio employees have difficult jobs to perform, that they strive to provide safety for all at MY Studio, but they are not infallible. They might be unaware of my fitness or abilities. They may give incomplete warnings or instructions, and the equipment being used might malfunction. _____ (initial)

I expressly agree and promise to accept and assume all of the risks associated with any activity in which I take part at MY Studio. My participation in any activity at MY Studio is purely voluntary, and I elect to participate in spite of risks. ____ (initial)

I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless MY Studio from any and all claims, demands, or causes of action, which are in any way related to my participation in any activity at MY Studio or use of its equipment or facilities, including any such claims which allege negligent acts or omissions of MY Studio. _____ (initial)

Should MY Studio or anyone acting on its behalf, be required to incur attorney's fees of costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs. _____ (initial)

I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating in any activity at MY Studio, or else I will bear all costs of such injury or damage myself. Furthermore, I certify that I am assuming the risk of any medical or physical condition I may have, including, but not limited to the following: pregnancy, botox injection within the past 24 hours, high or low blood pressure, glaucoma, heart disease, recent stroke, recent surgery, recent concussion or head injury, vertigo, inner ear conditions, epilepsy, osteoporosis or bone weakness, hiatal hernia or disc herniation, head cold, flu, or sinusitis, sutures or open wounds, artificial or resurfaced _____ (initial)

In the event that I file a lawsuit against MY Studio, I agree to do so solely in the state of Arizona, and I further agree that the substantive law of Arizona shall apply in that action without regard to the conflict of law rules of Arizona. I agree that if any portion of this agreement is found to be void or unenforceable, all other terms of this agreement shall remain in full force and effect. _____ (initial)

By signing this document, I represent that I am in good physical condition and fully capable of safely participating in all physical activity of my choosing. I am also acknowledging that if anyone is hurt or property is damaged during my participation in any activity, I may be found by a court of law to have waived my right to maintain a lawsuit against MY Studio on the basis of any claim from which I have released it by signing this agreement.

By my signature bellow and my initials above, I declare and acknowledge that I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Date & Signature:.....

